

# Drama Ministry®

POINT. CLICK. ACTION!

## BODY IMAGE

by RICK CLARK

**GENRE:** Drama

**SYNOPSIS:** Several teenagers try to alter their physiques before realizing that God designed them to be his perfect children, no matter what their body type.

**DIRECTOR'S TIP:** The turning point for this drama is when God's voice intercedes in the lives of the characters, and this is where actors should really try to honestly portray individuals who have been transformed by the peace that passes all understanding.

**TIME:** Over 5 minutes

**CAST BREAKDOWN:** 5

**TOPIC:** Youth, Love, Self Image/Self Esteem

**SCRIPTURE REFERENCE:** 1 Corinthians 6:19-20, Romans 9:20-21

**CHURCH YEAR SEASON:** Any

**SUGGESTED USE:** Worship Service

**CHARACTERS:**

GUY 1

GUY 2

GIRL 1

GIRL 2

GIRL 3

VOICE

**PROPS:** Injection needle, hand-held mirror (although both can be mimed)

**COSTUMES:** Casual teenage wear

**SOUND:** 5 wireless mics, 1 offstage mike for VOICE

**LIGHTING:** General stage

**SETTING:** Blank sanctuary stage

### Drama Ministry

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*Lights up.*

**GIRL ONE:** I am sooo fat. I hate these extra pounds. I'm up to a size five and I shouldn't be more than a size three.

**GIRL TWO:** Yeah, just look at these thighs, they jiggle, and the gut, geesh, if it gets any bigger, people will think I'm pregnant.

**GIRL ONE:** I've been exercising every night for two hours and hardly eating anything.

**GIRL TWO:** Same here, but I just stay at the same weight.

**GIRL ONE:** I know some girls who are really making some progress. They told me how I could take care of all this extra weight. They said they eat what they want and then they sneak into the bathroom and throw up. I think I'm going to try that. What's it going to hurt?

**GIRL TWO:** I don't know. I don't think I can do that. I think I'm just going to add another hour to my workout, you know, try to get a thousand sit-ups in each night.

**GIRL ONE:** Okay, then we can compare results. Let's go for it.

*GIRLS exit stage as GUY 1 enters.*

**GUY ONE:** *(Acting like he is looking in bathroom mirror and flexing)* You da man! Yes, you! You! You! No wonder you are such a chick magnet. I'll bet every guy wishes they had a bod like this. You! You!

*GUY 1 exits as GUY 2 enters.*

**GUY TWO:** Okay, here we go. *(Prepares an "injection")* The guy told me to put this in my shoulder and my thigh. He promised it would work. I'm sick of being a skinny weakling. I've got to run around in the shower just to get wet! Not any more. I'm creating a different person now. *(Gives himself injection and exits stage; he stuffs wadded up newspaper in the bicep area to show bigger muscles)*

**GIRL THREE:** *(Checking out her nose in a hand held mirror)* This thing looks like a two-car parking garage. It's so embarrassing. I can see they way people stare. I know what they're thinking. "Hey! Check out the girl with the big schnoz!" We'll see about that. I've got an appointment with the plastic surgeon. He says he can fix it.

*GUY 3 walks across stage trying to keep his gut sucked in and arms out like he has real muscles, then exits.*