

QUITTERS ANONYMOUS

by BARBARA NELSON

GENRE: Comedy

SYNOPSIS: Sean joins a support group to help her kick the habit of quitting, only to learn that she has mistakenly wound up in a group of self-confessed quitters who are content to stay just the way they are.

DIRECTOR'S TIP: Try adding some visual humor to this sketch. At various points throughout the drama, where it won't distract from the main action, have people get up from their seats and leave. The joke here is that they are at Quitter's Anonymous and are quitting the meeting during the sketch.

TIME: Over 5 minutes

CAST BREAKDOWN: 4

TOPIC: Addictions

SCRIPTURE REFERENCE: Hebrews 10:39

CHURCH YEAR SEASON: Any

SUGGESTED USE: Worship Service, Bible Study

CHARACTERS:

Sean (may be male or female)— ready to kick the habit of quitting
Michael—a self-confessed quitter
Group facilitator
Other QA members

PROPS: Chairs, styrofoam cups

COSTUMES: Modern dress

SOUND: 3 cordless mics

LIGHTING: General stage

SETTING: A support group meeting room

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QUITTERS ANONYMOUS *by Barbara Nelson*

Several chairs are scattered throughout the stage. People are standing around drinking coffee from styrofoam cups and talking. SEAN rushes in.

SEAN: *(Looking at a scrap of paper)* I think this is the right place. Let me ask someone. *(To one of the QA members)* Excuse me. Is this the meeting for quitters?

QA MEMBER: Yes.

SEAN: Good. I'm in the right place.

QA MEMBER: Is this your first time here?

SEAN: *(Enthusiastically)* Yes.

QA MEMBER: I've started and stopped the group...several times. You know how that goes.

SEAN: Yes, but that's why we're here, right?

QA MEMBER: Right.

FACILITATOR: If everyone could take their seats, I think we're ready to start. *(Everyone takes their seat)* Good morning. Welcome to QA—Quitters Anonymous. A support group for quitters. We have a lot of people who want to share this morning so we're going to go right into it. Who would like to go first? Michael, how about you?

MICHAEL: *(Apprehensively)* Uh...all right. *(Stands in front of the group)* Good morning. My name is Michael and I'm a quitter.

GROUP: Hi, Michael.

MICHAEL: Hi. Uh...Where do I start? I've always been a quitter. I come from a long line of quitters. My father was a quitter and his father before him was a quitter. They never finished anything. Uh...I started college, but never went back after the first year.

Uh ...I've dabbled in several different careers, but never really stuck to any of them long enough to really accomplish anything. I'm already on my third, no, fourth church this year. I'm on my second marriage and it's going okay right now, but I don't think it's going to last either. What can I say? I start a lot of stuff, but...I just don't finish.

Everyone in the group, except SEAN, applauds as MICHAEL sits down

FACILITATOR: Thank you, Michael. Who would like to go next? What about Angela? She seemed eager to share at our last meeting.

QA MEMBER: Angela's not here. She quit the group.